Say hello to Active Care

A new era in employee wellbeing

We help high-performing organisations create a culture of Active Care

Forward-thinking companies are arming their people with Sonder's care platform to give them greater control of their wellbeing.

Our app puts wellbeing and safety support directly in the hands of employees and data in the hands of leaders – empowering the whole organisation to get ahead of tomorrow's challenges, today.



"No disrespect to our prior EAP providers, but they aren't in the 21st century."

Kate Mayers WHS Manager, People & Culture

Best&Less

A workforce wellbeing platform that works

Wellbeing support that your people will actually use

40% average utilisation

Your front-line managers will thank you



Your people chat to us at 2am, not you



Join the Active Care movement today



Allianz (II) Partners











Big change, starts small

From urgent assistance to proactive healthy habits, we make it effortless for your employees to engage with their wellbeing and safety, every day.

With a medically-accredited team behind the technology, you can rest easy knowing Sonder is there to support your people – from burns to burnout and everything in between.





Proactive alerts about safety threats and practical health tips to inspire good habits.



Clinically-backed selfassessments across the wellbeing spectrum of mental, social and physical health.



Professionallycurated advice on a range of common wellbeing and safety challenges.



Immediate access to a team of registered health professionals, day or night.



Nationwide, faceto-face support for traumatic or distressing events.

Act on tomorrow's wellbeing challenges, today



